

A GUIDE TO LOCAL HEALTH PROVIDERS, SOCIAL SERVICES, FAMILY SERVICES, CHILDREN SERVICES, AND MORE!

How To Use This Directory

Quick Reference Categories

Quick reference categories (listed on page 2) are provided to help you find a provider by topic of interest.

Some providers are listed under more than one category.

Main Directory

The main directory (beginning on page 13) is an alphabetical listing of all providers listed under the quick reference categories.

Index

The index (beginning on page 52) is an alphabetical listing of all providers listed under the quick reference categories and their corresponding page numbers.





This directory is provided by the

Elk County Family Resource Network Collaborative Board,

Composed of representatives of various sectors of the community who have a

common goal of building a safe, healthy, drug-free community. We are a

Communities That Care® Prevention Board.

For more information:

Elk County Family Resource Network 4 Erie Ave., Suite 302 St. Marys, PA 15857

> % Dickinson Center, Inc. Phone (814) 834-2602 Fax (814) 834-1173

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Abuse/Assault/Neglect/Exploitation

CAPSEA, Inc.

Catholic Charities and Adoption Services

Catholic Charities Center

ChildLine

Domestic Relations

Elder Abuse Hotline

Elk County Children & Youth Services

Emporium Borough Police Department

Johnsonburg Police Department

LINK

National Hotlines

Office of Human Services, Inc./Area Agency on Aging

Pennsylvania State Police

Ridgway Police Department

St. Marys Police Department

YWCA

Alcohol/Drug

Al-Anon

Alcohol & Drug Abuse Services, Inc.

Alcoholics Anonymous

Catholic Charities and Adoption Services

Catholic Charities Center

CenClear

Emporium Borough Police Department

Johnsonburg Police Department

LINK

Narcotics Anonymous

National Hotlines

Pennsylvania Department of Military and Veterans Affairs

Pennsylvania State Police

Ridgway Police Department

St. Marys Police Department

The Meadows Psychiatric Center



Boards/Coalitions

Community Education Center of Elk and Cameron Counties

Early Learning Team Meeting

Elk County Cancer and Tobacco Education Coalition

Elk County Family Resource Network Collaborative Board

LINK

Northern Tier Community Action Corporation

PA Department of Health Elk County State Health Center

Penn State Extension

St. Marys Lions Club

The DISCOVER Partnership of Cameron and Elk Counties

Charitable Foundations

Elk County Community Foundation

Goodwill Industries

Pennsylvania Department of Military and Veterans Affairs

Salvation Army

St. Marys Area United Way

Stackpole-Hall Foundation

Children/Youth

A Step Ahead Child Center

Always Bettering Children Day Care

Beacon Light Behavioral Health Systems

Boy Scouts of America: Bucktail Council

Boys' & Girls' Club of St. Marys, Inc.

Bright Beginnings

Cameron County Children & Youth Services

Cameron Elk Behavioral And Developmental Program

CareStar's Community to Home Program

Catholic Charities and Adoption Services

Catholic Charities Center

CenClear

Clarion Psychiatric Center

Dickinson Center, Inc.

Early Learning Resource Center

Elk County Children & Youth Services



Girl Scouts: Western Pennsylvania Johnsonburg Community Center

Keystone Rural Health Consortia, Inc.

LIFT - Life and Independence For Today

Lil Critters Day Care

LINK

National Hotlines

Northern Tier Community Action Corporation

PA Department of Health Elk County State Health Center

Parent To Parent of PA

Penn State Extension

Project RAPPORT

Seneca Highlands IU9 Early Intervention

Special Kids Network

St. Mark Community Day Care Center

The Meadows Psychiatric Center

The Sight Center of Northwest PA

WIC - Women, Infants, and Children

YMCA

Educational Services

A Step Ahead Child Center

Always Bettering Children Day Care

American Red Cross

Autism Support Group

Bendigo State Park Complex

Cameron County Pre-K Counts

CAPSEA, Inc.

Catholic Charities Center

CenClear

Community Education Center of Elk and Cameron Counties

Department of Veterans' Affairs

Dickinson Center, Inc.

Early Learning Resource Center

Elk/Cameron Right to Life

Holy Rosary Preschool

Johnsonburg Area School District Preschool

Johnsonburg Pre-K Counts



Kids Kollege Preschool

LIFT - Life and Independence For Today

Lil Critters Day Care

LINK

Northern Pennsylvania Regional College

Northern Tier Community Action Corporation

Northwest Pennsylvania Area Health Education Center

PA Department of Health Elk County State Health Center

PA Thrive

Parents as Teachers

Penn Highlands Healthcare at Home

Penn State Extension

Pre-K Counts

Pre-K/Headstart

Seneca Highlands IU9 Adult Education

Seneca Highlands IU9 Early Intervention

SMASD Preschool

St. Boniface Preschool

St. Leo's Preschool

St. Marys Catholic Elementary School - Preschool

St. Marys Community Pool

St. Marys Pre-K Counts

The Children's Center

The DISCOVER Partnership of Cameron and Elk Counties

The Meadows Psychiatric Center

The Sight Center of Northwest PA

Triangle Tech

YMCA

Emergency/Safety/Security

American Red Cross

Beacon Light Behavioral Health Systems Cameron County Sheriff's Department CAPSEA, Inc.

Center for Community Resources

ChildLine

Clarion Psychiatric Center

Elk County Children & Youth Services



Elk County Emergency Services / 9-1-1 Services

Elk County Sheriff's Office

Emporium Borough Police Department

General Fire Protection

Johnsonburg Police Department

LINK

National Hotlines

Northwestern Legal Services

PA Department of Health Elk County State Health Center

Penn Highlands Elk

Penn State Extension

Pennsylvania Department of Military and Veterans Affairs

Pennsylvania State Police

Poison Control Center

Ridgway Police Department

Salvation Army

SMP Home Medical

St. Marys Police Department

The Meadows Psychiatric Center

YWCA

Employment Services

Dickinson Center, Inc.

LINK

PA Office of Vocational Rehabilitation

Pennsylvania CareerLink® Cameron County

Pennsylvania CareerLink® Elk County

Office of Unemployment Compensation

Family Assistance Services

American Red Cross

Cameron County Assistance Office

Cameron County Family Center

Cameron County Food Pantry

CAPSEA, Inc.

CareStar's Community to Home Program



Catholic Charities and Adoption Services

Catholic Charities Center

CenClear

Christian Food Bank

Department of Veterans' Affairs

Dickinson Center, Inc.

Elk/Cameron Right To Life

Elk County Assistance Office

4-H

Good Samaritan Food Bank

Guardian Angel Center

Healthy Baby Line

Helping Hands Food Pantry

Highmark CHIP Coverage for Uninsured Children

Keystone Rural Health Consortia, Inc.

National Hotlines

Northwestern Legal Services

Public Defender

Salvation Army

Social Security Administration

YMCA



Housing/Transportation

ATA (Area Transportation Authority)

Cameron County Housing Authority

Cameron County - Medical Assistance Transportation Program

CAPSEA, Inc.

Elk County Housing Authority

Elk County - Medical Assistance Transportation Program

LIFT - Life and Independence For Today

LINK

National Hotlines

Northern Tier Community Action Corporation

Oak Manor

Pennsylvania Department of Military and Veterans Affairs

SMP Home Medical

The Sight Center of Northwest PA

YWCA

Mental Health/Developmental Disabilities Services

Alleghenies United Cerebral Palsy

Beacon Light Behavioral Health Systems

Big Maple Farm's Natural Therapies, Inc.

Cameron Elk Behavioral And Developmental Program

CareStar's Community to Home Program

Catholic Charities Center

CenClear

Clarion Psychiatric Center

Department of Veterans' Affairs

Dickinson Center, Inc.

LIFT

LINK

National Hotlines

Oak Manor

PA Wounded Warriors

Penn Highlands Behavioral Health

Pennsylvania Department of Military and Veterans Affairs

Special Kids Network

The Meadows Psychiatric Center

Parenting/Family Services

Always Bettering Children Day Care

Beacon Light Behavioral Health Systems

Cameron County Family Center

Cameron County Food Pantry

CAPSEA, Inc.

CareStar's Community to Home Program

Catholic Charities and Adoption Services

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Christian Food Bank

Dickinson Center, Inc.

Early Learning Resource Center

Elk County Children & Youth Services





Elk County Domestic Relations

Good Samaritan Food Bank

Healthy Baby Line

Helping Hands Food Pantry

Highmark CHIP Coverage for Uninsured Children

LINK

National Hotlines

Northern Tier Community Action Corporation

PA Department of Health Elk County State Health Center

Parent To Parent of PA

Penn Highlands Healthcare at Home

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Project RAPPORT

Salvation Army

Seneca Highlands IU9 Early Intervention

Special Kids Network

WIC - Women, Infants, and Children

YMCA

YWCA

Physical Health/Wellness

Alleghenies United Cerebral Palsy

American Red Cross

AmeriHealth Caritas Pennsylvania

Angels of Care: Pediatric Home Health

Arthritis Foundation, Central PA Chapter

Big Maple Farm's Natural Therapies, Inc.

Boys' & Girls' Club of St. Marys, Inc.

Brain Injury Hotline

CenClear

Dental Lifeline Network

Department of Veterans' Affairs

Dickinson Center, Inc.

Elk/Cameron Right To Life

Johnsonburg Community Center

Keystone Rural Health Consortia, Inc.

LIFT - Life and Independence For Today



LINK

Maternal & Child Center at Penn Highlands Elk

PA Association for the Blind

PA Department of Health Elk County State Health Center

PA Wounded Warriors

Penn Highlands Adult Day Services

Penn Highlands Elk

Penn Highlands Healthcare at Home

Penn Highlands Women's Care

Penn State Extension

Pennsylvania Department of Military and Veterans Affairs

Pennsylvania Elks Home Service Program

SMP Home Medical

Special Kids Network

St. Marys Lions Club

The Sight Center of Northwest PA

YMCA

Senior Citizens

Department of Veterans' Affairs

Elk County Assistance Office

LIFT - Life and Independence For Today

LINK

National Hotlines

Office of Human Services, Inc./Area Agency of Aging

Penn Highlands Adult Day Services

Penn Highlands Healthcare at Home

Penn State Extension

Pennsylvania Department of Military and Veterans Affairs

Salvation Army

Senior Centers (Bennett's Valley, Driftwood, Emporium, Fox Township, Johnsonburg, St. Marys, Wilcox)

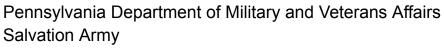
SMP Home Medical

YMCA



Volunteering

American Red Cross
Big Maple Farm's Natural Therapies, Inc.
Boys' & Girls' Club of St. Marys, Inc.
Cameron County Food Pantry
Elk County Community Foundation
LIFT - Life and Independence For Today
Northern Tier Community Action Corporation
Office of Human Resources/Area Agency on Aging
PA Wounded Warriors



Senior Centers (Bennett's Valley, Driftwood, Emporium, Fox Township, Johnsonburg, St. Marys, Wilcox)



Main Directory

Service providers are listed in alphabetical order.

A Step Ahead Child Center

189 W Creek Rd. (P) 814-781-7101 x1027

St. Marys, PA 15857 (Web) https://www.astepaheadcc.com/index.html

Offers a cognitively based program for children ages 6 weeks to 12 years old. Provides safe and secure facilities, developmentally appropriate curriculum, play-based learning, nutritious meals and snacks, and a qualified, caring, and experienced staff.

Al-Anon

(P) 814-781-1700

(Web) http://pa-al-anon.org/

Provides support for relatives and friends of those who are abusing alcohol. Visit the website listed above to find a meeting in your area.

Alcohol & Drug Abuse Services, Inc.

1305 Bucktail Rd. (P) 814-781-1700 St. Marys, PA 15857 (F) 814-781-6137

(Email) smarys@adasonline.org

(Web) <u>www.adasonline.org</u>

225 S St., Suite 1 (P) 818-788-2080 Ridgway, PA 15853 (F) 814-788-2088

(Email) ridgway@adasonline.org

34 E 4th St., Suite 2 (P) 814-486-0653 Emporium, PA 15834 (F) 814-601-0875

(Email) port@adasonline.org

Provides substance abuse and problem gambling services for residents of Cameron, Elk, and McKean counties who are needing education, information, or treatment for alcohol- or drug-related issues, as well as problem gambling. A full continuum of alcohol and other drug prevention, intervention, and treatment services are offered to all ages. This includes referral and evaluation, outpatient and inpatient treatment, Intensive Outpatient Treatment (IOP), Student

Assistance Program, educational services, case management, recovery support services, and prevention services.

Alcoholics Anonymous

(P) 814-781-1700

A fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. A meeting list can be found at http://adasonline.org/12-step/aana/.

Alleghenies United Cerebral Palsy

119 Jari Dr. (P) 844-819-4455

Johnstown, PA 15904 (Web) https://scalucp.org/

Assists individuals with disabilities in meeting their basic needs, enhancing their quality of life, and promoting their independence, while also allowing them to be active participants in the decision-making and direction of their services.

Always Bettering Children Day Care

303 Church St. (P) 814-834-2115

St. Marys, PA 15857

Provides a safe, reliable, and loving environment for children ages 8 weeks - 8 years of age while allowing them to learn at their own pace. Also includes, but is not limited to: snacks, lunch, outdoor play area, indoor gym, educational activities, computer learning, Kindergarten readiness, homework help, crafts, potty training program, individualized portfolios, and socialization among mixed age groups.

American Red Cross

808 S Michael Rd. (P) 800-733-2767

St. Marys, PA 15857 (Web) https://www.redcross.org/

Prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

AmeriHealth Caritas Pennsylvania

8040 Carlson Rd., Suite 500 (P) 1-888-991-7200

Harrisburg, PA 17112 (P: TTY) 1-888-987-5704

(Web) https://www.amerihealthcaritaspa.com

Medical Assistance (Medicaid) managed care health plan serving more than 193,000 Medical Assistance recipients across two regions of Pennsylvania. AmeriHealth Caritas offers all of the benefits and services of regular Medical Assistance, plus special programs and benefits that are only available to AmeriHealth Caritas members. We aim to provide a medical home that helps our members access the services they need. And we provide extensive programs to help our members prevent illness and injury so they can live fuller lives.

Angels of Care: Pediatric Home Health

375 Beaver Dr., Suite 300

(P) 814-375-1040

DuBois, PA 15801

Provides private duty nursing for children and young adults with special needs such as; tracheostomy and ventilator care, feeding tubes, nebulizer treatments, TPN, frequent seizures requiring intervention, as well as many other special medical needs that children and young adults may have.

Arthritis Foundation, Central PA Chapter

(P) 1-800-283-7800

(Web) https://www.arthritis.org

Pursuing a cure for America's #1 cause of disability while championing the fight to conquer arthritis with life-changing science, resources, advocacy and community connections.

ATA (Area Transportation Authority)

44 Transportation Center (P: Customer Service) 866-282-4968

Johnsonburg, PA 15845 (P: Ride Reservations) 866-743-3282

(F) 814-965-3053

(Web) https://rideata.net/

Provides comprehensive, safe, convenient, accessible, and affordable transportation to those who are in need.

Autism Support Group

(Web) https://autismofpa.org/

North Central Autism Support Group

(P) 814-486-303

Elk County Autism & Related Disorders Family Support Group

(P) 814-787-8087

(Email) elkcountyautismfamily@gmail.com

Nonprofit, serving thousands of people seeking help for autism concerns. Provide text, email and phone support plus weekly autism news and information. Consult on arts, culture, school and justice issues and sponsor support groups across Pennsylvania. If you are an adult on the autism spectrum, contact us.

Beacon Light Behavioral Health Systems

800 E Main St. (P) 814-817-1400

Bradford, PA 16701 (F) 814-362-2185

(Web) www.beacon-light.org

Provides individualized behavioral health services to meet the needs of the families they serve through programs such as wraparound, mobile therapy, emergency shelter, residential treatment facility, MR/DD service, intensive treatment programs, alternative education, foster care, and juvenile sexual offender assessment services.

Bendigo State Park Complex

533 State Park Rd. (P) 814-965-2646

Johnsonburg, PA 15845 (F) 814-965-3161

(Web) https://www.dcnr.pa.gov/stateparks/Pages/default.aspx

Providing outdoor recreation opportunities, as well as environmental education programs. Group and school programs are available.

Big Maple Farm's Natural Therapies, Inc.

872 Long Level Rd. (P) 814-335-0804

Ridgway, PA 15853 (Email) bmfntinc@gmail.com (Web) www.bigmaplefarmnt.net

Offers programs in which individuals are able to interact with our equines and learn positive horsemanship skills. Programs include: Therapeutic Riding, mini horse lessons, Books in the Barn, Community Programming, 4-H, Veterans' Programming, and more.

Boy Scouts of America: Bucktail Council

209 1st St. (P) 814-371-5650

DuBois, PA 15801 (Web) https://bucktail.org/

Provides the nation's foremost youth program of character development and values-based leadership training, which helps young people be "Prepared. For Life.®" Prepares young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Scout Law.

Boys' & Girls' Club of St. Marys, Inc.

25 N St. Marys St. (P) 814-781-1910

St. Marys, PA 15857 (Web) https://smboysandgirlsclub.com/

Provides a wide variety of youth-oriented activities for members, including after school and summer programs. Offers numerous other programs and services to adults and the community.

Brain Injury Hotline

(P) 1-866-412-4755

(Web) https://www.health.pa.gov/topics/programs/Pages/Head-Injury.aspx
Offers free information and referral for residents of Pennsylvania.

Bright Beginnings

225 S Kersey Rd. (P) 1-814-885-6493

Kersey, PA 15846

Provides care for infants up to school-age children. Bright Beginnings is a licensed, Keystone STAR 2, child day-care facility.

Cameron County Assistance Office

411 Chestnut St. (P: Toll Free) 1-877-855-1824

P.O. Box 71 (P) 814-486-3757

Emporium, PA 15834 (P: LIHEAP) 814-486-1206

(F) 814-486-1379

(Web) https://www.dhs.pa.gov/Services/Assistance/Pages/CAO-Contact.aspx
Assists with TANF (Temporary Assistance for Needy Families), General Assistance, and Medical Assistance

Cameron County Children & Youth Services

20 E 5th St., Suite 102

Emporium, PA 15834 (P) 814-486-9351

(Web) https://www.cameroncountypa.com/business/children and youth.php
Investigates child abuse and neglect in Cameron County. Provides education to prevent child abuse and neglect, as well as refers families in need to area social service providers based on the identified needs of the family. Provides temporary substitute placement for dependent children and youth when necessary and provides services to reunite dependent children with their families.

Cameron County Family Center

Woodland Elementary School

603 Woodland Ave.

Emporium, PA 15834

(P) 814-486-4000 x2042

(Web) https://www.cameroncountypa.com/resident/family_center.php
Community-driven program designed to help parents participate in the learning and healthy development of their children. The many services provided by the Family Center promote the importance of a family's involvement with each other and their community.

Cameron County Food Pantry

St. Mark Parish (P) 814-486-0569 235 E 4th St. (F) 814-486-3298

Emporium PA, 15834 (Email) <u>stmarkcatholicemp@gmail.com</u>

(Web) https://stmarkemporium.org/Cameron-County-Food-Bank.html

Provides boxes of food to low-income families. The second Sunday of every month is Food Pantry Collection Sunday. Hours of operation are the 4th Wednesday of the month from 1:00pm-3:00pm.

Cameron County Housing Authority

20 E 5th St.

(P) 814-486-3439

Emporium, PA 15834

Provides decent, safe and sanitary housing for eligible low-income individuals and families, including special provisions for seniors and the physically challenged who are in need of affordable housing and who meet eligibility requirements.

Cameron County - Medical Assistance Transportation Program

(P) 1-866-282-4968

Provides rides to medical care at no cost.

Cameron County Pre-K Counts

Woodland School

601 Woodland Ave.

Emporium, PA 15834

(P) 814-486-2016

(Web) http://www.ntcac.org/services/pre-school-services/pre-k-counts/

Provides comprehensive services to all enrolled children and their families. By forming a partnership with parents, staff, and the community members, they offer services designed to promote the healthiest, safest environment in which children, families, and staff can thrive and their full potential.

Cameron County Sheriff's Department

20 E 5th St.

(P) 814-486-3338

Emporium, PA 15834

Provides prisoner transports, service of legal documents, issues protection permits, issues license to sell firearms, and offers security within the courtroom and county office buildings.

Cameron Elk Behavioral And Developmental Program

2070 Court St. (P) 814-772-8016 Ridgway, PA 15853 (F) 814-772-8337

(Web) http://www.cemhmr.org/

Promotes a holistic approach for individuals and families that request services to help achieve personal growth, recovery, and an everyday life through programs such as Children and Adolescent Services System Program, Mental Health, Housing Services, Projects for Assistance in Transition from Homelessness, Intellectual/Developmental Disabilities Program, and Early Intervention.

CAPSEA, Inc.

PO Box 464 (P: Cameron County 24 hr Hotline) 814-486-0952

Ridgway, PA 15853 (P: Cameron County Office) 814-468-1227

(P: Elk County 24 hr Hotline) 814-772-1227

(P: Elk County Office) 814-772-3838

(Email) contact@capsea.org
(Web) https://capsea.org/

CAPSEA (Citizens Against Physical, Sexual, & Emotional Abuse) provides confidential ongoing assistance to victims of all physical, sexual, and domestic abuse in Elk and Cameron Counties. Services include a 24-hour hotline, crisis intervention, counseling/support, emergency shelter, Protection From Abuse information and referral, transportation/accompaniment to medical/legal appointments, and housing services to those who are eligible. Provides prevention education/training to schools, community groups, and professionals.

CareStar's Community to Home Program

PO Box 264 (P) 1-800-616-3718 Monroeville, PA 15146 (F) 513-618-8319

(Email) communitytohome@carestar.com

(Web) http://www.carestar.com

Home visiting program offered across Pennsylvania at no cost to families with Children and Youth with Special Health Care Needs residing in rural counties. Aims to improve health outcomes for these children and youth who are impacted by health disparities. Utilizes evidence-based Community Health Worker models to diminish barriers and promote equal quality healthcare access. Provides services to the entire family.

Catholic Charities and Adoption Services

505 E Arch St. (P) 814-788-5057 St. Marys, PA 15857 (P) 888-793-6602

(Web) https://www.cccas.org/

Provides support to the parents of the child in developing an adoption plan through home studies, foster care, pre- and post-adoption, education, counseling and support, referrals and adoption search.

Catholic Charities Center

505 E Arch St. (P) 814-788-5057 St. Marys, PA 15857 (P) 888-793-6602

(Web) https://www.cccas.org/

Provides a variety of cultural, educational, and peer support services for families, children, and individuals in the St. Marys area. Operates Women In Need (WIN), which provides baby needs, such as diapers, formula, food, clothing, furniture, and counseling.

<u>CenClear</u>

427 N St. Marys St. (P) 814-834-9283 St. Marys, PA 15857 (F) 814-834-1180

(Web) https://www.cenclear.org/

Provides recovery-driven, high-quality, consumer-oriented treatment services to consumers across the life span that are innovative and consistent with best practice guidelines and regulatory requirements. Provides a wide variety of trauma-informed mental health services to residents of all ages residing in Elk and Cameron Counties. Services include: Mental Health Outpatient Services; Certified Peer Specialist; Parent Child Interactive Therapy; Behavioral Health Rehabilitation Services; Substance Use Disorder; Psychiatric Rehabilitation Services; Family Centers; Maintaining Strengths Program; Family-Based Mental Health; Blended Case Management; Transition Age Support Services; Early Intervention; and Community- and School-Based Behavioral Health. Also provides the PA Pre-K Counts program in Elk County for children ages 3-5.

Center for Community Resources

(P) 844- 360-4372

Connects people to a network of supports and services essential for actively learning, working, and living in the community. Assures equal opportunities for all individuals regardless of age, sex, race, color, religion, ancestry, national origin, disability, veteran status, sexual orientation, genetic information, limited English proficiency, and any other class of individuals protected from discrimination under state or federal law.

ChildLine

(P) 1-800-932-0313

(Web) https://www.dhs.pa.gov/KeepKidsSafe/Resources/Pages/ChildLine.aspx
Part of a mandated statewide child protective services program designed to accept child abuse referrals and general child well-being concerns, and transmit the information quickly to the appropriate investigating agency. ChildLine is responsible for receiving verbal and electronic referrals 24 hours a day, seven days a week.

Christian Food Bank

817 S Michael Rd.

(P) 814-834-1951

St. Marys, PA 15857

Provides food items for low-income families in the St. Marys Area School District. Food boxes distributed every Thursday, 1:00-3:00 pm.

Clarion Psychiatric Center

2 Hospital Dr. Clarion, PA 16214

(P) 800-253-4906

(F) 814-226-2846

(Web) <u>www.clarioncenter.com</u>

Serves patients ages 10 and older in a positive, affirming therapeutic environment. Treatment programs are designed for children, adolescents and adults who face psychiatric, behavioral or emotional problems. Treatment focuses on reducing acute symptoms and teaching healthy coping skills.

Community Education Center of Elk and Cameron Counties

4 Erie Ave., Suite 200 (P) 814-781-3437

St. Marys, PA 15857 (P: Toll Free) 877-672-3077

(Email) cec@communityedcenter.org
(Web) https://communityedcenter.com/

Offers professional, academic, and personal opportunities for lifelong learning in Elk and Cameron Counties and the surrounding areas. Coordinates with institutions of higher education and business/industry associations to bring relevant degree programs, non-credit training, workshops, and academic advisement to the community. Also coordinates the Leadership Elk and Cameron program and the DISCOVER Partnership business and education connect program.

Dental Lifeline Network

P.O. Box 205 (P) 717-776-3262 Newville, PA 17241 (F) 717-776-3268

(Web) https://dentallifeline.org/pennsylvania/

Provides comprehensive dental care to adults with special needs across the United States.

Department of Veterans' Affairs

Elk County Courthouse Annex (P) 814-776-5370 300 Center St. (F) 814-776-5359

P.O. Box 44

Ridgway, PA 15853

Assists veterans and their dependents in discussing and submitting applications for all related benefits in which they may be entitled. Refers the county's veterans and dependents to Federal, State, County, or other agencies and organizations that might further assist them in solving their problems or answering their questions. The following is a list of some of the benefits entitled to veterans and their families: Medical benefits and claims, Widow's benefits and pensions, Emergency Assistance, Means tests, VA Pension claims, Compensation, Tax Exemption claims, Help filling out various forms, and Applying for DD-214.

Dickinson Center, Inc.

43 Servidea Dr. (P) 814-776-2145 Ridgway, PA 15853 (F) 814-776-1470

(Web) https://www.dickinsoncenter.org/

4 Erie Ave., Suite 302 (P) 814-834-2602

St. Marys, PA 15857

Provides a comprehensive spectrum of behavioral health, intellectual and developmental disabilities, and children's prevention services. Service region includes Elk, Cameron, Potter, McKean, Forest, Warren, Jefferson, and Clearfield Counties.

Behavioral Health:

Autism, Blended Case Management, Children's Outpatient Services, Community & School-Based Behavioral Health, Crossroads, Drop-In Center, Decision Support Center, Employment Support Services, Family-Based Services, Forensics, Intensive Outpatient Program, Mental Health Specialist, Outpatient Behavioral Health Counseling, Peer Support Services, Restoration Center (LTSR), Site-Based and Mobile Psychiatric Rehabilitation Services

Intellectual & Developmental Disabilities:

Adult Day Services, Community Residential Programs, Employment Support Services, Home and Community Habilitation Services, Life sharing through Family Living

Children's Prevention Services:

The Life/Incredible Years Program, Parents as Teachers, Parents as Teachers Children's Center, The Signs of Suicide Program, Triple P Programs, The Student Assistance Program

Domestic Relations

20 E 5th St. (P) 814-486-5875

Emporium, PA 15834 (F) 814-486-9388

(Web) https://www.co.elk.pa.us/index.php/government/court-information Responsible for the location of absent parents and the establishment of paternity, child, and spousal support obligations. Also responsible for the enforcement of those obligations that are established by Domestic Relations.

Early Learning Resource Center

PO Box 249 (P) 814-765-1546

Hyde, PA 16843 (P: Toll Free) 1-800-442-5807

(F) 814-765-8312

(Email) <u>elrcregion2@pa.gov</u>

(Web) https://ccleaguess.com/child-care-information-services/

Provides a single point-of-contact for families, early learning service providers, and communities to gain information and access services that support high-quality child care and early learning programs. This state and federal investment in Pennsylvania's working families enables parents to maintain employment while creating opportunities for their children to develop and learn to their fullest potential. The ELRC Region 2 provides assistance to parents with childcare needs, subsidies that help eligible families pay for childcare, and acts as a resource and referral in helping parents locate a child care provider.

Early Learn Team Meeting

Cameron Elk Behavioral and Developmental Programs 2070 Court St.

(P) 814-772-8016

Ridgway, PA 15853

Increases community awareness of services to young children ages birth to school age and provides local training to professionals and families. Provides an opportunity for parents, agencies, and professionals to work together.

Elder Abuse Hotline

(P) 1-800-490-8505

Abuse reports can be made on behalf of an older adult whether the person lives in their home or in a care facility such as a nursing facility, personal care home, hospital, etc. The reporters may remain anonymous and have legal protection from retaliation, discrimination, and civil or criminal prosecution.

Elk/Cameron Right to Life

P.O. Box 15

St. Marys, PA 15857

Provides instruction and teaching to those requiring assistance with pregnancy. The Maternity Closet provides assistance with material needs for newborns up to

2-years-old without cost. This group meets monthly, on the second Tuesday of each month at the Annex building, at 139 Church Street, St. Marys at 6:30 pm.

Elk County Assistance Office

145 Race St. (P) 814-776-1101 Ridgway, PA 15853 (F) 814-772-7007

(Web) https://www.dhs.pa.gov/Pages/default.aspx

Provides medical assistance, low-income home energy assistance, supplemental nutrition assistance, cash assistance, employment and training services, and nursing home coverage to low-income families, pregnant women, disabled children, and adults.

Elk County Cancer and Tobacco Education Coalition

(P) 814-781-1700

Provides education, information, and support for cancer prevention and for tobacco prevention and cessation.

Elk County Children & Youth Services

300 Center St. (P) 814-776-1553

Ridgway, PA 15853 (F) 814-772-5158

(Web) https://www.co.elk.pa.us/index.php/government/local-government/county-offices/itemlist/category/25-children-youth-services

Provides protection of children, birth to 18 years, through investigation of child abuse and neglect, foster care program, adoption program, and prevention and education programs.

Elk County Community Foundation

32 S St. Marys St., Suite 4 (P) 814-834-2125 St. Marys, PA 15857 (F) 814-834-2126

(Email) eccf@elkcountyfoundation.org (Web) https://elkcountyfoundation.org/

Strengthens the region through development, stewardship, and grant making as donors achieve their philanthropic goals. Connects people who care with causes that matter. Manages permanent and non-permanent charitable funds to improve

the quality of life in Elk County and surrounding areas. Revenues from these funds provide grants and scholarships to students and nonprofit organizations, just as the donor intended. Volunteer opportunities include: board membership, office work, and various committee membership.

Elk County Domestic Relations

250 Main St. (P) 814-772-5155

Ridgway, PA 15853 (F) 814-772-4411

(Web) https://www.co.elk.pa.us/index.php/domestic-relations2/elk-county-domestic-relations

Establishes paternity. Establishes and enforces support obligations. Locates absent parents.

Elk County Emergency Services / 9-1-1 Services

131 Ridgmont Dr. (P) 814-776-4600

Ridgway, PA 15853 (F) 814-772-1697

Handles fire, medical, and police emergencies throughout the county. Provides 9-1-1 emergency services. Provides education to children and adults on what to do in an emergency.

Elk County Family Resource Network Collaborative Board

% Dickinson Center, Inc.

Focuses on improving the well-being of children and families through support, enhancement of community resources, building community partnerships, and promoting collaboration with health and community organizations to improve the health of county residents. Inclusive of social, human, and public services that support families and children. Board meetings are usually bi-monthly at the Courthouse Annex in Ridgway, and all are welcome to attend.

Elk County Housing Authority

424 Water St. (P) 814-965-2532

Johnsonburg, PA 15845 (Web) https://elkhousing.com/

Provides and maintains affordable, safe and decent housing opportunities for individuals while promoting self-sufficiency and community development for eligible persons in Elk and Cameron Counties.

Elk County - Medical Assistance Transportation Program

(P) 1-866-282-4968

Provides rides to medical care at no cost.

Elk County Sheriff's Office

250 Main St. (P) 814-776-5353

Ridgway, PA 15853 (Web) http://www.co.elk.pa.us/

Provides prisoner transports, service of legal documents, issues protection permits, issues license to sell firearms, and offers security within the courtroom and county office buildings.

Emporium Borough Police Department

421 N Broad St. (P) 814-486-3384 Emporium, PA 15834 (F) 814-486-1715

(Email) emporiumpolice@gmail.com

(Web) https://www.emporiumborough.org/pages/police

Provides professional police service to allow the citizens of Emporium to live, work, learn, and play in a safe environment. Works with citizens and other law enforcement agencies to economically and creatively solve community problems.

<u>4-H</u>

300 Center St. (P) 814-776-5331

Ridgway, PA 15853 (Email) ElkExt@psu.edu

(Web) https://extension.psu.edu/programs/4-h/counties/elk

20 E 5th St. (P) 814-486-3350

Emporium, PA 15834 (Email) <u>CameronExt@psu.edu</u>

(Web) https://extension.psu.edu/programs/4-h/counties/cameron

Helps young people reach their full potential through learning, leadership, service, and friendship. 4-H members work with dedicated, caring adults to

complete challenging, rewarding projects that develop real-world skills that will serve them for life.

General Fire Protection

21 Central St.

(P) 814-834-6401

St. Marys, PA 15857

Sales and services of portable fire extinguishers and safety equipment.

Girl Scouts: Western Pennsylvania

(P) 1-800-248-3355

(Email) <u>customercare@gswpa.org</u>

(Web) https://www.gswpa.org/

Builds girls of courage, confidence, and character, who make the world a better place. Offers hands-on, girl-led, girl-centered learning in STEM, the outdoors, and entrepreneurship, and abundant opportunities to develop invaluable life skills.

Good Samaritan Food Bank

331 Main St.

(P) 814-776-1517

Ridgway, PA 15853

(F) 814-772-1559

(Web) http://www.ntcac.org/services/food-nutrition/elk-cameron-food-banks/ Provides staple, non-perishable food items for low-income families within the Ridgway School District. Hours of operation are the 3rd Thursday of each month from 2:00pm-4:00pm.

Goodwill Industries

31 Erie Ave. #1

(P) 814-834-3697

St. Marys, PA 15857

(Web) https://goodwillinc.org/

Funds job training, employment placement services, and other community programs by selling donated clothes and household items in retail stores.

Guardian Angel Center

364 Main St.

(P) 814-885-6192

Kersey, PA 15846

Supplements the clothing needs of infants, toddlers, and children whose families struggle financially. These needs are met through the recycling of donated clothing articles and by the careful purchase of suitable new clothing items.

Healthy Baby Line

(P) 1-800-986-BABY (2229)

Provides information on finding a doctor, getting healthcare coverage, immunizations, tests for babies, and breastfeeding.

Helping Hands Food Pantry

409 Center St.

P.O. Box 215

Johnsonburg, PA 15845

(P) 814-965-3043

(Web) http://www.ntcac.org/services/food-nutrition/elk-cameron-food-banks/ Hours of operation are the 3rd Friday of each month from 3:00pm-5:00pm.

Highmark CHIP Coverage for Uninsured Children

(Web) https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx

Provides health coverage to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

Holy Rosary Preschool

605 Market St.

(P) 1-814-965-2812

Johnsonburg, PA 15845

Provides pre-school services.

Johnsonburg Area School District Preschool

1536 Wilcox Rd.

(P) 814-965-2577

Johnsonburg, PA 15845

(Web) https://www.johnsonburgasd.net/Preschool

Introduces four-year-olds to the school experience and prepares them for reading and math success. Children also work on skills such as paying attention, following directions, and getting along with others.

Johnsonburg Community Center

600 Market St.

Johnsonburg, PA 15845

(P) 814-965-2010

(Web) http://johnsonburgcommunitycenter.weebly.com/

Provides various programs throughout the year for members and non-members. The amenities of the building include, but are not limited to, a community pool, fitness room, gym, activity rooms, etc.

Johnsonburg Police Department

100 Main St. (P) 814-965-2816 Johnsonburg, PA 15845 (F) 814-965-2792

(Email) police@johnsonburgpa.com

(Web) http://www.johnsonburgpa.com/johnsonburg-police-department.html

Provides quality police services to the Johnsonburg community by promoting a safe environment through a police-citizen partnership, emphasizing mutual trust, integrity, fairness, and professionalism.

Johnsonburg Pre-K Counts

1536 Wilcox Rd. (P) 814-965-2577 Johnsonburg, PA 15845 (F) 814-965-4101

(Web) https://www.johnsonburgasd.net/Preschool

Offers a high-quality preschool program that introduces four-year-olds to the school experience and prepares them for reading and math success. Children also work on skills such as paying attention, following directions, and getting along with others.

Keystone Rural Health Consortia, Inc.

90 E 2nd St. (P) 814-486-1115

PO Box 270 (Web) https://keystoneruralhealth.com/

Emporium, PA 15834

Provides quality, affordable, accessible, and comprehensive health services to communities. Provides quality health, dental, and behavioral health services to the counties of Elk, Cameron, McKean, Potter, Centre, and Clinton regardless of a patient's ability to pay.

Kids Kollege Preschool

Weedville Wesleyan Church

(P) 814-787-7205

18945 Bennetts Valley

(Email) kidskollegeprek@gmail.com

Weedville, PA 15868

Preschool offered for children ages 3-5 years.

LIFT - Life and Independence For Today

503 E Arch St. (P) 814-781-3050

St. Marys, PA 15857 (Email) lift@liftcil.org

(Web) https://www.liftcil.org/

Helps people with disabilities of all ages live as independently as possible. Volunteers are always needed.

Lil Critters Day Care

625 Maurus St. (P) 814-834-3918

St. Marys, PA 15857 (Email) <u>lilcrittersdaycare@yahoo.com</u>

Offers child care for children age birth through 12-years-old. Offers a warm and caring environment and provides age-appropriate activities that enhance children's emotional, physical, intellectual, and social abilities. Promotes balanced learning by integrating recreational activities with academics.

<u>LINK</u>

108 Center St. (P) 800-672-7145

PO Box A (Web) https://ohsaging.com/

Ridgway, PA 15853

Provides information about support to individuals over the age of 60 and persons 18 to 59 living with disabilities through a collaborative effort among community agencies and the Office of Long-Term Living.

Maternal & Child Center at Penn Highlands Elk

763 Johnsonburg Rd.

St. Marys, PA 15857

(P) 814-788-8000

(Web) https://www.phhealthcare.org/service/maternity-services

Provides expectant mothers a Maternity Unit, obstetricians, and gynecological services.

Narcotics Anonymous

PO Box 564 (P) 814-594-2009

St. Marys, PA 15857

(Web) https://nawny.org/central-allegany-mountain/

Recovering addicts who meet regularly to help each other to stay clean. There are no dues or fees. The only requirement for membership is the desire to stop using.

National Hotlines

Comprehensive source of information on local resources and services: (P) 211

Alcohol Treatment Referral Hotline (24 hours) 1-800-252-6465

Alcoholics for Christ 1-800-441-7877

American Cancer Society 1-800-227-2345

American Family Housing 1-888-600-4357

Battered Women and their Children 1-800-603-HELP (4357)

Boystown National Hotline 1-800-448-3000

Child Abuse Hotline / Dept of Social Services 1-800-342-3720

Child Abuse National Hotline 1-800-25ABUSE (2-2873)

Children in immediate danger 1-800-THE-LOST (843-5678)

Christian Oriented Hotline 1-877-949-HELP (4357)

Cocaine Hotline (24 hours) 1-800-262-2463

Compulsive Gambling Hotline 1-410-332-0402

Drug Abuse National Helpline 1-800-662-4357

Eating Disorders Awareness and Prevention 1-800-931-2237

Eating Disorders Center 1-888-236-1188

Ecstasy Addiction 1-800-468-6933

Elder Abuse Hotline 1-800-252-8966

Elder Care Locator 1-800-677-1116

Exploitation of Children 1-800-843-5678

Families Anonymous 1-800-736-9805

Family Violence Prevention Center 1-800-313-1310

Gay and Lesbian National Hotline 1-888-843-4564

Girls and Boys Town 1-800-448-3000

GriefShare 1-800-395-5755

Hearing Impaired 1-800-448-1833

Holy Spirit Teenline (717) 763-2345 or 1-800-722-5385

Homeless 1-800-231-6946

Hotline for parents considering abducting their children 1-800-A-WAY-OUT

(2-929-688)

Laurel House 1-714-832-0207

LGBTQIA+ Helpline: 1-800-398-GAYS (4297)

Marijuana Anonymous 1-800-766-6779

Missing Children Help Center 1-800-872-5437

National Abortion Federation Hotline 1-800-772-9100

National Association for Children of Alcoholics 1-888-554-2627

National Association of Anorexia Nervosa and Associated Disorders

1-847-831-3438

National Cancer institute 1-800-422-6237

National Child Abuse Hotline 1-800-4-A-CHILD (2-24453)

National Domestic Violence Hotline 1-800-799-SAFE (7233)

National Domestic Violence Hotline Spanish 1-800-942-6908

National Office of Post Abortion Trauma 1-800-593-2273

National Runaway Safeline 1-800-RUNAWAY (7862929)

National Runaway Switchboard 1-800-621-4000

National Sexual Assault Hotline 1-800-656-HOPE (4673)

Poison Control 1-800-942-5969

Post Abortion Counseling 1-800-228-0332

Post Abortion Project Rachel 1-800-5WE-CARE (93-2273)

Project Know 1-888-892-1840

RAINN 1-800-656-HOPE (4673)

Remuda Ranch 1-800-445-1900

Rest Ministries 1-888-751-REST (7378)

S.A.F.E. (Self Abuse Finally Ends) 1-800-DONT-CUT (3668-288)

Safe2Say 1-844-SAF2SAY (7232729)

Sex Addicts Anonymous 1-800-477-8191

Social Security Administration 1-800-772-1213

Stop it Now! 1-888-PREVENT (7738368)

Suicide Hotline 1-800-SUICIDE (7842433)

Suicide Hotline 1-800-273-TALK (8255)

Suicide Prevention Hotline 1-800-827-7571

Suicide Prevention Deaf Hotline 1-800-799-4TTY (889)

Teen Hope Line 1-800-394-HOPE (4673)

Teenline 1-888-747-TEEN (8336)

Trevor Hotline (Suicide) 1-866-4-U-TREVOR (8-873867)

United States Elder Abuse Hotline 1-866-363-4276

United States Missing Children Hotline 1-800-235-3535

United Way Crisis Helpline 1-800-233-HELP (4357)

Watchman Fellowship 1-817-277-0023

Well Spouse Foundation 1-800-838-0879

Youth Crisis Hotline 1-800-448-4663

Northern Pennsylvania Regional College

Administrative Offices (P) 814-230-9010

300 2nd St., Suite 500 (Email) admissions@rrcnpa.org (Web) www.discovernprc.org

4 Erie Ave., Suite 300 (P) 814-598-4480

St. Marys, PA 15857

With more than 20 instructional locations, NPRC provides a low cost and high commitment education to those seeking to obtain Associate degrees and certificates.

Northern Tier Community Action Corporation

135 W 4th St. (P) 814-486-1161

PO Box 389 (Web) http://www.ntcac.org/

Emporium, PA 15834

Provides families and individuals in Cameron, Elk, McKean, and Potter Counties with the following resources to alleviate poverty and promote self-sufficiency: Weatherization, Head Start, Child Care Information Services, Early Care and Education, Energy Assistance Programs, Homeless Assistance, Foreclosure Prevention, and Veterans Services. Volunteer opportunities include the Head Start Program and the Cameron County Food Pantry.

Northwest Pennsylvania Area Health Education Center

8425 Peach St. (P) 814-217-6084

Erie, PA 16509 (Web) https://nwpaahec.org/

Maintains partnerships with community, government, and educational agencies and institutions that will connect students to careers, professionals to communities and communities to better health. Works to improve the health of communities by developing an interdisciplinary workforce by increasing the number of individuals from minorities and underserved communities who enter primary care and allied health professions and promoting and providing continuing professional education to primary care providers. Provides technical assistance in the evaluation and assessment of the public health needs of communities within the NW PA region and supplies innovative, multi-disciplinary responses to those needs.

Northwestern Legal Services

Renaissance Centre (P) 814-452-6949

1001 State St., Suite 700 (Email) info@nwls.org

Erie, PA, 16501 (Web) https://www.nwls.org/

Provides free legal aid to eligible clients in Cameron, Crawford, Elk, Erie, Forest, Mercer, McKean, Potter, Venango, and Warren Counties in northwestern Pennsylvania. Offers resources in a variety of civil legal matters to low-income residents, including public benefits, family law, housing, healthcare, education, and employment.

Oak Manor

4 Erie Ave. (P) 814-834-3963

St. Marys, PA 15857 (Email) contact@oakmanor.org

(Web) https://oakmanor.org/

Assists adults with developmental disabilities to obtain a pattern of life as close to normal by making available to them knowledge and skills of everyday life that are as close as possible to those of mainstream society. Offers seven Community Residential Facilities throughout St. Marys. Offers 24/7 care in these residential homes.

Office of Human Services, Inc./Area Agency on Aging

118 Center St. (P) 800-672-7145

PO Box A (Email) ohs@ohsaging.com

Ridgway, PA 15853 (Web) https://ohsaging.com/

Serves persons aged 60 and over. Provides protective services, free in-home assessments, service coordination, nursing home transition, insurance counseling and information to older adults, and volunteer opportunities. Supports 13 local senior centers, aging waivers, and caregiver support.

Office of Unemployment Compensation

(P) 888-313-7284

(Email) <u>uchelp@pa.gov</u>

(Web) http://www.uc.pa.gov/

Statewide Pennsylvania program dedicated to helping Unemployment Compensation (UC) claimants connect with staff through in-person appointments at 58 PA CareerLink® locations.

PA Association for the Blind

555 Gettysburg Pike a300 (P) 717-766-2020

Mechanicsburg, PA 17055 (Email) info@pablind.org

(Web) https://www.pablind.org/

Provides contact information for agencies that serve and assist the blind and visually impaired in Elk and Cameron Counties. Provides information, assistance, services, upcoming events, events, and news benefiting blind individuals, friends, and relatives in Elk and Cameron Counties.

PA Department of Health Elk County State Health Center

778 Washington Rd. (P) 814-834-5351

St. Marys, PA 15857 (F) 814-834-5354

(Web) https://www.health.pa.gov/About/pages/State%20Health%20Centers.aspx

Provides affordable, accessible, high-quality primary health care services to individuals and families, including people experiencing homelessness, agricultural workers, residents of public housing, and veterans.

PA Office of Vocational Rehabilitation

199 Beaver Dr. (P) 814-371-7340 DuBois, PA 15801 (F) 814-913-1002

(Web) https://www.dli.pa.gov/Individuals/Disability-

Services/ovr/Pages/default.aspx

Helps people with disabilities to secure and maintain employment and independence. Services include: diagnosis, counseling, training, placement, and post-employment services.

PA Thrive

1001 State St., Suite 606 (P) 814-454-3811

Erie, PA 16501 (Email) info@pa-thrive.com

(Web) https://pa-thrive.com/

Works with and for the communities of northwest and north-central Pennsylvania by being their partner in the treatment of HIV and AIDS to improve, protect, and promote their health.

PA Wounded Warriors

1013 Mumma Rd., Suite 203 (P: Wormleysburg) 717-761-4017 Wormleysburg, PA 17043 (P: Camp Hill) 855-729-9435

(F) 717-260-3622

1117 Country Club Rd. (Web) https://www.pawoundedwarriors.org/

Camp Hill, PA 17011

Provides support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families.

Parent To Parent of PA

6340 Flank Dr. (P) 1-888-727-2706

Harrisburg, PA 17112 (Email) info@parenttoparent.org

(Web) https://www.parenttoparent.org/

Connects families of children and adults with special needs so that they may share experiences, offer practical information, and/or provide support.

Parents as Teachers

Dickinson Center, Inc. (P) 814-834-2602

4 Erie Ave., Suite 302 (Web) <u>www.dickinsoncenter.org</u>

St. Marys, PA 15857

Cameron County Family Center (P) 814-486-4000 x2042 603 Woodland Ave.

Emporium, PA 15834

Promotes the optimal early development, learning and health of children by supporting and engaging their parents and caregivers. Consists of four components: personal visits that offer parents age-appropriate child development information, help them to observe their child, address parenting concerns, and engage the family in activities that provide meaningful parent-child interaction.

Penn Highlands Adult Day Services

625 Maurus St.

St. Marys, PA 15857

(P) 814-781-8253

(Web) https://www.phhealthcare.org/service/adult-day-services

Offers an interactive and safe day program for adults with dementia or other organic brain syndrome/physical limitations with dementia or other age-related physical or cognitive limitations. The medically supervised adult day service is an activity-oriented program designed to improve the quality of life for individuals who need daily care but wish to remain in their current living situation. For caregivers, adult day services offer time free from the demands of caregiving. Some of the services and activities offered are cards and board games, puzzles, coffee and conversation, special guests, crafts, baking and personal care. A nutritious lunch and snacks are also provided. All activities are provided by professionally trained personnel.

Penn Highlands Elk

763 Johnsonburg Rd.

St. Marys, PA 15857

(P) 814-788-8000

(Web) https://www.phhealthcare.org/location/hospitals/penn-highlands-elk-5
Provides outpatient services and physician offices in multiple locations throughout the region. Serves the residents of Elk, Cameron, and McKean counties.

Penn Highlands Behavioral Health

635 Maple Ave.

DuBois, PA 15801 (P) 814-375-6337

(Web) https://www.phhealthcare.org/service/behavioral-health-services

Offers comprehensive mental health services including psychotherapy. Provides both inpatient and outpatient behavioral health services for children ages 5 and up, adults, and seniors.

Penn Highlands Healthcare at Home

(P) 814-781-1415 (P) 1-800-841-9397

(Web) https://www.phhealthcare.org/location/senior-care-services /penn-highlands-healthcare-at-home-532

Provides care for patients of all ages needing all levels of care, including skilled nursing, rehabilitation therapy, palliative care, hospice care, and personal care. Helps patients regain their health, maintain their independence and enjoy their best life.

Penn Highlands Women's Care

761 Johnsonburg Rd., Suite 210

(P) 814-788-8118

St. Marys, PA 15857

(F) 814-788-8022

(Web) https://www.phhealthcare.org/location/office-other/penn-highlands-womens-care-355

Provides comprehensive women's health services throughout central Pennsylvania for women of all ages and all stages.

Penn State Extension

300 Center St. (P) 814-776-5331

Ridgway, PA 15853 (Email) ElkExt@psu.edu

(Web) https://extension.psu.edu/elk-county

20 E 5th St. (P) 814-486-3350

Emporium, PA 15834 (Email) <u>CameronExt@psu.edu</u>

(Web) https://extension.psu.edu/cameron-county

Delivers programs, forums, webinars, and accessible resources that provide proactive guidance and support. Teaches how to manage stress, spot mental distress in others, and provide help. Provides science-based solutions for tackling challenges faced by caregivers of children, youth, and older adults.

Pennsylvania CareerLink® Cameron County

135 W 4th St. (P) 814-601-0538

Emporium, PA 15834 (Web) https://www.pacareerlink.pa.gov/jponline/

Provides job listings, career and occupational information, adult education and literacy, job readiness and training, recruitment assistance, and interviewing space.

Pennsylvania CareerLink® Elk County

245 Depot St. (P) 814-834-2857

St. Marys, PA 15857 (Web) https://www.pacareerlink.pa.gov/jponline/

Provides job listings, career and occupational information, adult education and literacy, job readiness and training, recruitment assistance, and interviewing space.

Pennsylvania Department of Military and Veterans Affairs

Sheldon St., Building 9-26 (P) 717-507-6731

Fort Indiantown Gap (P: Toll Free) 800-574-2838

Annville, PA 17003 (F) 717-861-8121

(Web) www.dmva.pa.gov

Provides quality service to the commonwealth's veterans and their families and oversees and supports the members of the Pennsylvania National Guard (PNG). Provides resources and assistance to Pennsylvania's veterans and their families, and provides quality care for aging and disabled veterans. Prepares the PNG for combat, performs worldwide combat and combat support operations, provides global reach and the projection of U.S. military power in support of national objectives; and, at the command of the governor, provides trained personnel to support state and local authorities in times of natural disaster or civil strife.

Pennsylvania Elks Home Service Program

(P) 814-475-2554 (P) 814-781-1634

(F) 814-837-8309

(Web) https://paelkshomeservice.org/

Assists and advocates for individuals with developmental disabilities. Services include obtaining medical equipment/care and education and assisting with vocational and home care problems. There is no charge for services provided.

Pennsylvania State Police

48 Servidea Dr. (P) 814-776-6136

Ridgway, PA 15853 (P: TTY) 814-772-9046

(F) 814-772-7497

(Web) https://www.psp.pa.gov/Pages/default.aspx

12921 Route 120 (P) 814-486-3321

Emporium, PA 15834 (P: TTY) 814-486-3994

(F) 814-486-3791

Provides law enforcement and crime prevention education.

Poison Control Center

(P) 1-800-222-1222

(Web) https://www.poison.org/

Offers free, confidential medical advice 24 hours a day, seven days a week through the Poison Help line and online help on their website. Helps identify pills that may have become mixed up or dropped.

Pre-K/Headstart

513 E Arch St. (P) 814-486-1161 x220

St. Marys, PA 15857 (Email) HeadStart@eclkc.info

(Web) https://eclkc.ohs.acf.hhs.gov/

607 Center St. (P) 814-965-5627

Johnsonburg, PA 15845

315 Center St. (P) 814-772-4030

Ridgway, PA 15853

603 Woodland Ave.

(P) 814-486-4000 x2054

Emporium, PA 15834

Supports children's growth from birth to age 5 through services that support early learning and development, health, and family well-being. There is no charge for services provided.

Project RAPPORT

1307 Bucktail Rd. (P) 814-834-1645

St. Marys, PA 15857 (P: Toll Free) 800-459-6568

(P: 24 hr Crisis) 814-362-4623

(F) 814-817-3145

(Web) https://www.guidancecenter.net/project-rapport/

Free service available for all pregnant women and teens and their partners. Prevention services are available for youth.

Public Defender

300 Center St. (P) 814-245-2100

Ridgway, PA 15853 (F) 814-245-2101

(Web) https://www.co.elk.pa.us/index.php/government/ local-government/county-offices/itemlist/category/39-public-defender

Provides competent and effective legal counsel to individuals who lack sufficient funds to obtain legal counsel where representation is legally required.

Ridgway Police Department

108 Main St. (P) 814-773-5125

Ridgway, PA 15853 (Web) https://ridgwayborough.com/police-department/

Provides services to protect and serve the Ridgway community.

Salvation Army

245 Main St.

Ridgway, PA 15853 (P) 814-772-0485

(Web) https://easternusa.salvationarmy.org/western-pennsylvania/ridgway/

Social Service provider which provides assistance to those in need in all of Elk County without discrimination through Jesus Christ.

Seneca Highlands IU9 Adult Education

119 S Mechanic St. (P: Cameron County) 814-486-1161 x401

Smethport, PA 16749 (P: Elk/Cameron Counties) 814-781-3437 opt. 2

(Web) https://www.iu9.org/Adult-Programs

Provides a full range of instructional services that help adults 17 and older who are no longer enrolled in high school develop the basic skills necessary to find and keep family-sustaining employment.

Seneca Highlands IU9 Early Intervention

119 S Mechanic St. (P) 1-800-442-5807 Smethport, PA 16749 (P) 814-765-1546 (F) 814-887-2157

(Web) https://www.iu9.org/Early-Intervention

Consists of services and supports designed to help families with children who have developmental delays or disabilities. Services can include information about how children develop, parent or caregiver education, family support, and developmental and instructional therapies that assist in child development.

Senior Centers (Bennett's Valley, Driftwood, Emporium, Fox Township,

Johnsonburg, St. Marys, Wilcox)

149 Plum St., PO Box 77 (P) 814-787-7888

Weedville, PA 15868 (Email) <u>bvcenter149@gmail.com</u>

(Web) https://www.bennettsvalleyseniorcenter.com/

7806 Bridge St. (P) 814-546-2331

Driftwood, PA 15832

105 E 4th St. (P) 814-486-3707

Emporium, PA 15834

365 Main St. (P) 814-885-8111

Kersey, PA 15846

430 Center St. (P) 814-965-5638

Johnsonburg, PA 15845

104 Erie Ave. (P) 814-781-3555

St. Marys, PA 15857

320 Faries St. (P) 814-929-5443

Wilcox, PA 15870

(Web) <a href="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers?fbclid="https://ohsaging.com/senior-centers.fbclid="https:/

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Offers people aged 60 and older, and their spouses, a place to go for nutritious meals, social activities, and a range of programs such as health screenings, health and consumer education, creative arts, exercise and other special events which are unique to individual centers. Works with a variety of local organizations, and provides access to other community services as well. Offers volunteer opportunities where older people can contribute their experience and skills in meaningful and satisfying ways

SMASD Preschool

South St. Marys St. Elementary School

370 S St. Marys St.

St. Marys, PA 15857

(P) 814-834-3021

(Web) https://www.south.smasd.org/apps/pages/index.jsp?
uREC ID=451006&type=d&pREC ID=2370967

Open to any child who turns 4 years old by June 1st and lives in the St. Marys Area School District. There is no income requirements for this program and the program is provided free of charge to families.

SMP Home Medical

21 S St. Marys St. (P) 814-834-2225

St. Marys, PA 15857 (Web) https://www.smprx.com/

Provides regional health care, specialty and long term care pharmacy, full service home medical equipment.

Social Security Administration

302 Liberty Blvd. (P) 1-800-772-1213

DuBois, PA 15801 (P: TTY) 1-800-325-0778

(F) 1-833-461-0038

(Web) https://www.ssa.gov/

Administers retirement, disability, survivor, and family benefits, and enrolls individuals in Medicare. Provides Social Security Numbers, which are unique identifiers needed to work, handle financial transactions, and determine eligibility for certain government services.

Special Kids Network

(P) 1-800-986-4550

(Email) RA-BFHSKN@pa.gov

(Web) https://www.health.pa.gov/topics/programs/Special%20Kids%
20Network/pages/special%20kids%20network.aspx

Helps children and youth with special health care needs by helping their families get the services and support these young people require in order to thrive in the community and develop to their full potential.

St. Boniface Preschool

359 Main St. (P) 814-885-4488

Kersey, PA 15846 (Email) church@st-boniface.org

(Web) https://st-boniface.org/school/

Provides preschool programs for all children ages 2.5-5+ years old. Teachers work with parents and professional staff members to evaluate every students' needs in the multi-age environment.

St. Leo's Preschool

125 Depot St. (P) 814-772-9775 Ridgway, PA 15853 (P) 814-772-6504

(F) 814-772-9295

(Web) https://eccss.org/slcs/

Offers a comprehensive preschool program. The skills and knowledge the children learn in Pre-3 is built upon in PreK.

St. Mark Community Day Care Center

235 E 4th St. (P) 814-486-2399

Emporium, PA 15834 (Email) <u>SMCDCC@live.com</u>

STAR 4 day care center open to the community. Accepts all children ages.

St. Marys Area United Way

44 S St. Marys St. (P) 814-781-6000

St. Marys, PA 15857 (Web) <u>www.smavw.org</u>

Fights for the health, education, and financial stability of every person in the communities. In order to provide the needs many are facing, the priorities for the Pennsylvania state budget focus on building financially resilient families and thriving communities. St. Marys Area United Way does not provide any funding directly to individuals.

St. Marys Catholic Elementary School - Preschool

114 Queens Rd. (P) 814-834-4169

St. Marys, PA 15857 (Web) https://www.qwchurch.com/65

Develops the whole student in mind, body and spirit while nurturing the God-given talents of each.

St. Marys Community Pool

456 Wolfel Ave. (P) 1-814-834-9417

St. Marys, PA 15857 (Email) rec@stmaryspa.gov

(Web) https://stmarys.recdesk.com/Community/Page?pageId=26714

Provides leisure time programs and athletic activities geared to participants of all ages and ability levels, while develops and maintains safe, effective, and aesthetically pleasing facilities that promote a healthy lifestyle and constructive use of leisure time.

St. Marys Lions Club

PO Box 124

St. Marys, PA 15857 (Web) https://e-clubhouse.org/sites/stmaryspa/index.php

Creates and fosters a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation.

St. Marys Police Department

319 Erie Ave. (P) 814-781-1315

St. Marys, PA 15857 (P: Dispatch) 814-772-0000

(F) 814-834-2517

(Email) smpd@stmaryspa.gov

(Web) https://stmaryspa.gov/city-offices/police-department/

Operates 24 hours a day, 7 days a week with a goal of providing a safe and secure community for the St. Marys community.

St. Marys Pre-K Counts

NorthStar Properties

513 E. Arch St.

St. Marys, PA 15857

(P) 814-781-1176

(Web) http://www.ntcac.org/services/pre-school-services/pre-k-counts/

Provides comprehensive services to all enrolled children and their families. By forming a partnership with parents, staff, and the community members, they offer services designed to promote the healthiest, safest environment in which children, families, and staff can thrive and their full potential.

Stackpole-Hall Foundation

44 S St. Marys St. (P) 814-834-1845

St. Marys, PA 15857 (Web) https://www.stackpolehall.org/

Considers the needs of the people in Elk County, Pennsylvania with a goal of improving the fundamental quality of life.

The Children's Center

Dickinson Center, Inc. (P) 814-834-2602 4 Erie Ave, Suite 101 (F) 814-834-1173

St. Marys, PA 15857 (Web) https://www.dickinsoncenter.org/pat

Promotes unstructured, child directed play experiences for children through kindergarten age. Also hosts a Lending Library which consists of children's literature books, educational software and videos, adult educational materials and other resources to support families and schools for children between the ages birth to five.

The DISCOVER Partnership of Cameron and Elk Counties

(P) 814-781-3437

(P: Toll Free) 877-672-3077

(Email) cec@communityedcenter.org

(Web) https://communityedcenter.com/discover-partnership/

Creates programs that educate residents and young people about the career opportunities available in Elk and Cameron Counties.

The Meadows Psychiatric Center

132 The Meadows Drive (P) 800-641-7529

Centre Hall, PA 16828 (P) 833-MEADARC (632-3272)

(Web) www.themeadows.net

Provides an integrated delivery system for the stabilization of mental health issues and offers programming focused on life skills and symptom management. Services include: Licensed private school for children and adolescents, assessment/education for adults struggling with substance use disorder, master's-level case manager/therapist to help enhance delivery of care, peer support group therapy, and daily recreation and expressive therapies including pet, art, and music therapy.

The Sight Center of Northwest PA

2545 W 26th St. (P) 814-455-0995

Erie, PA 16506 (Web) https://www.sightcenternwpa.org/

Prevents blindness and promotes independence for those with vision loss and those who are blind.

Triangle Tech

225 Tannery Row Rd. (P) 814-371-2090 Falls Creek, PA 15840 (P) 1-800-874-8324

(Web) https://triangle-tech.edu/locations/dubois

Offers hands-on training in small classes, taught by highly-experienced instructors. Triangle Tech is nationally accredited by the Accrediting Commission on Career Schools and Colleges (ACCSC).

WIC - Women, Infants, and Children

49 Ridgmont Dr. (P) 814-773-3162

Ridgway, PA 15853

(Web) https://www.pawic.com/default.aspx

301 S Chestnut St. (P) 814-486-3953

Emporium, PA 15834

Provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy.

YMCA

34 N Broad St. (P) 814-776-1146 Ridgway, PA 15853 (F) 814-772-1529

(Email) Ridgwaymca@windstream.net

(Web) https://ymcaridgway.com/

Provides a community where all people, especially the young, are encouraged to develop to their fullest potential. Offers healthy programming for all ages while supporting initiatives designed to enhance their positive position as a family centered organization accessible by all. Offers a preschool program and summer camp for school age children.

YWCA

24 W Corydon St. (P) 814-368-4235

Bradford, PA 16701 (P: Hotline) 888-555-6325

(P: Domestic Violence/Sexual Assault Hotline) 1-888-822-6325

(F) 814-362-4638

(Web) https://ywcabradford.org/

Offers safe and secure emergency housing to women, men, and individuals with children who have nowhere else to stay. Empowers individuals with serious mental health and/or developmental disabilities to develop skills and coping techniques to foster recovery and achieve the maximum level of independence at which they can successfully function. Provides free services to help those experiencing sexual assault. Hosts a food pantry as a source of supplemental food for individuals and families who are on a limited income or have an acute need every Wednesday from 1:30-3:30pm. Works to foster opportunities to engage in open dialogue about race, racism, and race relations—giving groups and individuals the training and support they need to address these topics in their lives and communities.

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